

SPEAKERS

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Dr. Kate Beaven-Marks

An experienced clinical hypnotist, with special interests in pain and anxiety, Kate works part-time using a wide range of hypnotherapeutic approaches in ward settings in an NHS teaching hospital, as well as with private clients. An experienced lecturer, Kate teaches and examines in Further Education and Higher Education on the MSc. Clinical Hypnosis programme. Recent research projects have included exploring mindfulness and anxiety effects on hypnotic susceptibility and the influence of the hypnotherapy National Occupational Standards on teaching, learning and professionalism in the UK. Kate presents nationally and internationally to organisations and conferences on a range of topics relating to hypnosis, teaching and the use of positive language to enhance communication and wellbeing.

[Update](#)



Charles Caruana

Charles is a hypnotherapist, psychotherapist, and lecturer with over 25 years experience. He serves on the committee of the British Society of Clinical Hypnosis (BSCH)

Update



Garry Coles

A full time hypnotherapist for over ten years with five busy practices in Surrey, Hampshire and Harley Street in London, Garry works in conjunction with many GP's and medical professionals with one of his practices based within a GP surgery. Garry has held a part-time honorary position at a major hospital for nine years where he works extensively with oncology patients. As a member of the very first UK MSc clinical hypnotherapy cohort Garry investigated the effect of pre-surgical hypnosis on the perceived recovery quality in breast cancer biopsies. As well as occasional lecturing and masterclasses, Garry offers hypnotherapy tutoring and clinical supervision.

Update



Martijn Groenendal

Having started his training at only 19 years of age, only four years later in 1999 Martin organised his first official hypnosis training in Amsterdam. After some very successful years of giving his own trainings he worked passionately guiding groups of people around on adventurous tours through the Maya jungles of Central America, whilst helping people everywhere in the world getting rid of phobia's, trauma's and mental obstacles. In 2009 he started with his own hypnosis training institute in Amsterdam.

On the side he gives training at the Dutch and Mexican universities.

Update



Coleen Jones

An experienced hypnotherapist, Coleen has an established practice in North Wales and the North West of England. Working from centres in Mold, Wrexham and Chester, Coleen specializes in anxiety based disorders and has links with Mind and Age Concern.

Since 1998 Coleen has worked in-house with a number of global pharmaceutical and medical device companies. She has been involved in several projects, developing stress management and training programmes to improve employee performance and motivation for both field based sales teams and office based support staff.

For her MSc research project, Coleen worked with the Cob Foundation (Cystitis and Overactive Bladder Foundation), a national charity providing information and support to individuals suffering from a variety of urological and urogynaecological conditions.

Update



Matt Krouwel

Conference organiser - A practicing hypnotherapist since 2000, Matt trained with and now lectures for the LCCH around the world. He is passionate about the need for hypnotherapy to embrace evidence based thinking.

Update

Julia Lewis

A hypnotherapist for the last five years, Supervisor



and Tutor for London College of Clinical Hypnosis, Julia's studies with LCCH led this year to the successful completion of an MSc in Clinical Hypnosis. Having found many personal benefits to using self-hypnosis, Julia is particularly interested in championing the accepted uses of this, and other hypnotherapeutic techniques, beyond the therapy setting. Her research investigated the potential for self-hypnosis to enhance appreciation and gratitude for positive daily experiences, measuring the effect of this on levels of participant mental wellbeing. Julia's preliminary outcomes from this research, which drew participants from within an organisation undergoing change, will be shared at the conference.

Update



Peter Mabbutt

Peter is CEO and Director of Studies for the London College of Clinical Hypnosis where he is responsible for the continuous development of the UK's only postgraduate programme in Clinical Hypnotherapy. He originally trained in Psychopharmacology and spent over twenty years undertaking research in the fields of anxiety, tranquiliser dependence, learning and memory, and phobias. He lectures internationally and has been instrumental in the development of various hospital-based hypnotherapy clinics and research projects in the UK and Southeast Asia. Peter is frequently invited to present specialized workshops and lectures to the international medical and dental communities and appears regularly on radio promoting hypnotherapy to the general public. Peter is co-author of the successful Hypnotherapy for Dummies, Self-hypnosis for Dummies, and Personal Development All-in-One for Dummies.

Update



Georgie Oldfield

Georgie Oldfield MCSP is a leading physiotherapist, author, speaker and chronic pain specialist, promoting a pioneering approach to resolving chronic pain through her SIRPA Recovery Programme and her clinics in London and Yorkshire.

Georgie is the founder of SIRPA, an organisation dedicated to promoting the concept that chronic pain is often due to learned nerve pathways, rather than any physical 'abnormality' found, hence full recovery is possible. Through SIRPA Georgie developed the first course worldwide enabling health professionals learn how to integrate the SIRPA approach and the concept on which it is based within their own work.

As well as her clinical work, Georgie gives talks and writes widely about the concept and in 2014 published her first book, 'Chronic Pain: your key to recovery'. Georgie is also currently organising SIRPA's inaugural conference, which is to be held on 26th April at the Royal Society of Medicine in London and five of the world leaders in this field will be presenting.

www.curepain2015.com

Update



Nigel Spears

Previously a small business owner, Nigel is an experienced Clinical Hypnotherapist, whose interest in anxiety, trauma and depression, has helped many patients in and around Manchester to experience effective symptom relief. As the aforementioned

conditions are often bidirectionally associated with sleep disturbance, he successfully achieved his Clinical Hypnosis MSc studying for the first time, the effects of a swift and strategic hypnosis intervention on both the night and daytime symptoms of insomnias that persist in the absence of physical and psychological conditions, or other sleep-wake disorders. The outcome supports further, large-scale research.

Update

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